Date Submitted	

Last Name First Name Middle Name

# OFFICE OF THE SHERIFF



City of Virginia Beach

#### INSTRUCTIONS TO APPLICANT:

PLEASE READ ALL INSTRUCTIONS BEFORE COMPLETING THE APPLICATION AND BE SURE TO ATTACH ALL REQUIRED DOCUMENTS. DO NOT DELAY THE PROCESSING OF YOUR APPLICATION BY FAILING TO PROVIDE COMPLETE RESPONSES AND OMITTING REQUIRED DOCUMENTS! YOUR COMPLETED APPLICATION PACKAGE SHOULD BE TYPEWRITTEN

To be eligible for employment, you must successfully pass a background investigation. The application is an investigative tool used by the Virginia Beach Sheriff's Office (VBSO) to begin this process. Print this document as one (1) sided (do not print front and back). In addition, you must comply with the following instructions:

- 1. Be absolutely truthful when completing each section of the application. Misrepresentation or falsification may be grounds to disqualify you from further consideration in the application process. If a question/section in the package does not apply to you, notate "NOT APPLICABLE" or "N/A" in the respective area. Unanswered questions or incomplete responses may result in your disqualification.
- 2. There are places on the application that require your signature and/or initial. When you print out the application, be sure to sign and/or initial in the spaces provided (each page of the application requires that you initial the bottom left hand corner).
- 4. There are three documents at the end of the application that must be completed: The "Authorization for Release of Information," "Credit Release" and "Physical Demands." Print out all three forms. You will need to send in the first two forms with the application and other required documents listed in #5.
- 5. Attach to this Application photocopies of the following documents:
  - Driver's License OR DMV issued Identification Card
  - Social Security Card
  - Birth Certificate
  - High School Diploma OR High School Transcripts OR GED Certificate
  - DD-214 OR Photocopy of Active Duty Military ID (Copy required after separation)

You will be required to show the originals of these documents to your background investigator when you enter the background investigative phase.

Applicant Initials
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#### **AUTOMATIC DISQUALIFIERS FOR SHERIFF'S DEPUTY**

### **Criminal History**

- 1. Conviction of any felony or crimes of moral turpitude.
- 2. Conviction of any Class 1 or Class 2 misdemeanor, excluding traffic violations which are discussed separately, or the Virginia State Law equivalent within the last 5 years.
- 3. Conviction of any State Law within the last 24 months (will be evaluated on a case by case basis).
- 4. Any conviction of domestic violence, including simple assault against a domestic partner, spouse, child or parent.
- 5. Adult commission of undetected crimes of a serious or repetitive nature.

#### **Traffic Violations**

- 1. Three or more negative points on a Virginia Operator's License or the equivalent for out of state licenses. Points may be negated by attending defensive driving school offered by the Division of Motor Vehicles prior to initial testing.
- 2. Any conviction of driving under the influence of drugs or alcohol, refusal to take blood or breath test, eluding police, racing, or leaving the scene of an accident within the last 5 years.
- 3. Multiple convictions of driving under the influence.

### Drugs

- 1. Sale or distribution of illegal drugs.
- 2. Unlawful possession of any illegal drug, including but not limited to heroin, cocaine, hallucinogens, methamphetamine, etc. or any derivative thereof (except marijuana) within the last five year (5) years.
- 3. Illegal possession of anabolic steroids within the last 3 years.
- 4. Illegal possession of marijuana or a derivative thereof within the previous twenty four (24) months.

#### Credit

Demonstrated history of financial irresponsibility. (Examples of areas of concern include unpaid collections or unsatisfactory judgments where no payment plan has been established. Call our investigator staff to discuss your specific credit issues and concerns.

#### Others

- 1. Dishonorable discharge from any military service.
- 2. Untruthfulness and/or the intentional withholding of information on any application, interview, or paperwork associated with the position. Examples of intentional withholding of information would include deliberate inaccuracies or incomplete statements.
- 3. Intentional failure to follow the directions outlined in the testing process or relying on others to complete any portion of the testing process.
- 4. Visible tattoos, brands and body art above the shoulder are not authorized. Such visible markings elsewhere on the body that are prejudicial to good order, discipline and professionalism or are of the nature to bring discredit to the Sheriff's Office are prohibited. Visible tattoos, body art, and brands that are excessive, sexually explicit, or that advocate or symbolize gender, racial, religious, ethnic or national origin discrimination are prohibited; in addition, visible markings that advocate or symbolize gang affiliation, racial supremacy, extremist groups or drug use are likewise prohibited.

#### NOTE

This is not intended to be an exhaustive listing of background disqualifiers. Applicants who are successful in the initial testing will undergo a thorough background investigation, including polygraph examination. Areas of concern will be evaluated on a case-by-case basis within the context of the full investigation/review. Examples of areas of concern may include, but are not limited to, the following:

- Reduction of charges as a result of a plea agreement or other form of sentencing disposition prior to a conviction in any of the aforementioned criminal and driving history categories.
- Crimes committed as a juvenile, including undetected crime.
- Patterns of reckless and/or irresponsible driving.
- Multiple convictions of driving under the influence.
- Illegal drug possession that does not fall within the parameters defined above.
- Less than honorable military discharge, erratic work record, or unfavorable employment references.
- Pending litigation or prosecution for criminal offenses must be resolved prior to consideration for employment

Note: Some minor offenses are classified as Class 1 misdemeanors (e.g. littering), but would not result in automatic disqualification. Convictions of this nature would be evaluated on a case-by-case basis in the context of the full investigation/review.

Illegal drug is defined as set forth in the Federal Controlled Substance Act, 21 U.S.C. §800 et al. and by the Code of Virginia.

Applicant Initials	Revised June 2015	

Page 2 of 24

Position Applied For:		
Last Name:	First Name:	Middle Name:
Street Address:		Apartment Number:
City:	State:	Zip Code:
Residence Telephone:	Work Telephone:	Cell Phone:
Email Address:		
Place of Birth:		
FOR SHERIFF'S OFFICE USE	ONLY:	
Please Provide At Time of Submath Authorization for Release Consumer Credit Release Birth Certificate Driver's License Social Security Card High School Diploma / TraDD-214 OR Active Duty Mathematical Release Provided Authorization of Submath Provided Authorization for Release Consumer Credit Release Driver Submath Provided Authorization for Release Consumer Credit Release Driver Submath Provided Authorization for Release Consumer Credit Release Driver Submath Provided Authorization for Release Consumer Credit Release Driver Submath Provided Authorization for Release Consumer Credit Release Driver Submath Provided Authorization for Release Consumer Credit Release Driver Submath Provided Authorization for Release Consumer Credit Release Consumer Credit Release Consumer Consumer Credit Release Consumer Consumer Credit Release Consumer Consumer Credit Release Consumer	of Information	

Date Received
Received By:
Scanned:
Walk-in / Mailed / Electronic Submission

may inclu	ames previous de but are not s, maiden nam		Social Sec	curity Number:				
					Are you 20 years or older?			
Yes:								
No:				No:				
DRIVING I	RECORD INFO	RMATION		,	_			
State(s) Where Licensed to Licensed to Drive		License Number		Expiration Date	Restriction	ns (if any)		
SWORN A	PPLICANTS C	NLY						
Use continuation	sheet if you ne	ed additiona	al space.)	ffense and indicate the	1	noition		
Date	City & S	State	(	Charge(s)	Dispo	osition		
las your license	or privilege to c llowing informat	lrive ever be	en suspende ate, license n	ave you been involved d or revoked?Yes umber, expiration dat Expiration of Suspension	_ No	spension.		
Has your license f yes, give the fol	or privilege to c llowing informat	lrive ever beation city & sta	en suspende ate, license n	d or revoked?Yes umber, expiration da	_ No te, and reason for su	spension.		
Has your license f yes, give the fol	or privilege to o	lrive ever bedion city & sta	en suspende ate, license n umber	d or revoked?Yes umber, expiration dat Expiration of Suspension	_ No te, and reason for su Reason for	Suspension		
Has your license f yes, give the fole City & State Have you ever vo	or privilege to o	lrive ever bedion city & sta	en suspende ate, license n umber	d or revoked?Yes umber, expiration dat Expiration of	_ No te, and reason for su	spension.		
Have you ever vocurse?  f yes, were any phe course?	or privilege to o	lrive ever bedion city & sta	en suspende ate, license n umber to attend a d	d or revoked?Yes umber, expiration dat Expiration of Suspension	_ No te, and reason for su  Reason for su  Yes:  Yes:	Suspension  No:  No:		
Has your license f yes, give the fole City & State Have you ever vocurse?	or privilege to o	lrive ever bedion city & sta	en suspende ate, license n umber to attend a d iving record u	d or revoked?Yes umber, expiration date Expiration of Suspension	_ No te, and reason for su Reason for a Yes:	Suspension  No:		

If you have ever been arrested, **taken into physical custody, been issued a misdemeanor citation**, (exclude traffic citations), **and/or** convicted of any crime(s), please give the following information. This includes any summons or related paperwork to appear in court, issued by any law enforcement officer or court. If you have ever been the subject of any judicial or non-judicial disciplinary action while in the Military, National Guard, or Military Reserves, please complete the following information.

Date	City & State	Charge(s)	Disposition	Branch of Service
	+			
	+			
Use this are	a if additional space	is required to explain	the above information:	
		tate within the past	12 months must submit a cu	ırrent State Criminal Record
cneck from t	heir home state)			
As an adult l	nave vou ever been n	laced on probation by	/ any court?	
Yes No		·	•	
If "yes", plea	se give details to incl	ude when, where and	why.	
		ave committed, <b>REG</b> Arime, when, when, when,	ARDLESS of whether you were wand why	e stopped, arrested, and/or
			ow and why.	
Are you now Yes No	or have you ever bee	en involved as a defer	ndant in any civil court action?	
		ıde when, where, nan	ne of court and circumstances	i

Page 5 of 24

(Deputy	nted, can you p  Sheriff Applicathe U.S.)								a legal rig	ht to
	ou been honora of the United Sta								e in the a	rmed
	ou been honora xed by the Offic							vice-conne	cted disal	oility
	ou ever worked community conf									
	ou ever or been stitution? Yes									
or impli	ou been convict ed threats of for o If yes, e	rce, or coe	ercion, or if	the victim d	id not consent	or was unab	le to cons			ce, overt Yes
-	ou been civilly c									
federal,	ou ever applied state, or local p ses which you c	oublic safe	ety employe	rs? Yes	No If y	es, List Date				de
ate	Agency	Written Test	Physical Agility	Oral Interview	Background	Polygraph	Psych.	Physical	Hired	Disqualified

### MISCELLANEOUS BACKGROUND INFORMATION (CONTINUED)

Do you have any tattoo(s) that are visible if wearing shorts or a short sleeve shirt? Yes No If yes, where are the tattoo(s) located? Describe the tattoo(s).
Have you ever been delinquent on child support, income tax, or other tax payments? Yes No  If "yes", please give details to include when, where, and why
General Information
Have you ever associated with any group or an organization that advocates violence against any group or class of people, including neighborhood gangs? Yes No (If yes, please explain)
Have you ever been denied the ability to possess or purchase a firearm? Yes No
Have you ever applied for a permit to carry a concealed firearm or other weapon? Yes No Was the permit granted? Date issued
Was the permit granted? Date issued Purpose of permit Purpose of permit
Are you willing to work all hours of the day, all days of the week, holidays and overtime when assigned? Yes No
Do you have anything in your background that may disqualify you from employment? Yes No If "Yes", please explain.

Have you ever possessed, experir	mented	l, or in a	any way introd	uced into your	body by any m	neans:
Drug Type	No	Yes	Date First Used	Frequency	Date Last Used	Explanation
Marijuana						
Hashish, Hashish Oil						
Cocaine						
Crack, Rock, Ice						
Barbiturates, Hypnotics, or "Downers"						
Amphetamines						
Methamphetamine (speed, crank)						
LSD, Ecstasy, or other Hallucinogens						
PCP (Angel Dust, Sherm)						
Heroin or other Opiates						
Steroids						
Pharmaceutical drugs not prescribed for you						
Is there any other illegal drug, na body? Yes No  Have you introduced into your bo						•
was not? Yes No	Juy a s	ubstair	ce willon you t	nought was an	i iliegai di dg ai	id their lound out that it
Have you ever injected an illegal	drug i	nto you	r body? Yes	No		
Have you ever sold any illegal dr	ug? Ye	es	No			
Have you ever purchased any dr	_				than a doctor's	s prescription? Yes
Have you ever participated in the substance? Yes No	e manu	facturir	ng, cultivation,	or production	of any illegal di	rug, narcotic or controlled
Have you ever acted as a courie No						
Have you ever acted as a middle drug transaction? Yes No					-	ning involved in any illegal
Have you ever told anyone where						
Have you ever temporarily stored	d or "he	eld" any	∕ illegal drug, n	arcotic, or con	trolled substan	ice? Yes No
Have you ever had illegal drugs	in your	posses	ssion while at v	work? Yes	_ No	
Have you ever bought or sold an	y illega	al drug	at work? Yes_	No		
Applicant Initials			Pavisad Jur	2015		Page 8 of 2

Marital Status: Single	Married	_ Separated	Divorced	Widowed	_ No. of Dependents
dentify living and decea close relationships ex	-	embers, and an	y individuals w	vith whom you	are residing, resided with, o
Relationship	Name		Current Ad	dress	Phone
Mother(Maiden)					
ather					
tepMother					
StepFather					
Grandparents					
Guardian					
Spouse					
Children					
Siblings					
Others					
Character References a		other than your fitness for the p	oosition for wh	nich you are app	olying.
ist five (5) character re		live in the Unite	ed States or its	territories, trie	ir names, addresses and
ist five (5) character re	<b>S</b> .				·
ist five (5) character re			City and St		Phone Number
ist five (5) character re	<b>S</b> .				·
ist five (5) character re	<b>S</b> .				·
ist five (5) character re	<b>S</b> .				·
ist five (5) character re	<b>S</b> .				·
ist five (5) character re	<b>S</b> .				·
ist five (5) character rea	<b>S</b> .				·
ist five (5) character re	<b>S</b> .				·
List five (5) character realizations in the control of the control	Street Add	dress	City and St	rate	·
ist five (5) character realizations in the control of the control	Street Add	dress	City and St	rate	·
ist five (5) character realizations in the control of the control	Street Add	dress	City and St	rate	·
List five (5) character relaytime phone numbers	Street Add	dress	City and St	rate	·

_					
		High School	ols Attende	ed	
Name	Location	Date From	1	Date To	Graduated Yes or No
	1 -	College or Univ			
Name	Location	Dates Attended	Credit Hours	Degree	Graduated
		1.)/ (: 1.5		### O I I A ## I	
				Military Schools Attende	
Name	Location	Dates Attended	Credit Hours	Courses Studied	Graduated
Reminder: Copic	es of college transcript	ts are required at	time of a	pplication	
#9		FOREIGN L	ANGUAGI	E	
Do you speak a If yes, identify yo Fluent.	foreign Language? Yes our aptitude by specify	s No ving each langua	ge and you	ur skill level as Limited	d, Conversational, or
Language	Read	Speak		Understand	Write

Using a separate section for each position, describe in detail all work experience beginning with your present or most recent job. Include self-employment, military service, volunteer work, summer work, internships (indicate whether or not college credit was given), and periods of unemployment. Be sure to indicate whether employment was full-time or part-time. DO NOT INDICATE "SEE ATTACHED RESUME." Incomplete information will result in the disqualification of your application.

May we contact your present employer? Yes\_\_\_\_ No\_\_\_\_if no, explain:

From Date:	Employer:	Job Title:	Part-Time/Full-Time:
To Date:	Address:	City,State, Zip Code:	Phone:
Beginning Salary:	Duties Performed:		Supervisor Name:
Ending Salary:	Reason for Leaving:		Supervisor Phone::
	Co-Worker Name:		Phone:
	Co-Worker Name:		Phone:
	Co-Worker Name:		Phone:
			<u> </u>
From Date:	Employer:	Job Title:	Part-Time/Full-Time:
To Date:	Address:	City,State, Zip Code:	Phone:
Beginning Salary:	Duties Performed:		Supervisor Name:
Ending Salary:	Reason for Leaving:		Supervisor Phone::
	Co-Worker Name:		Phone:
	Co-Worker Name:		Phone:
	Co-Worker Name:		Phone:
			<u> </u>
From Date:	Employer:	Job Title:	Part-Time/Full-Time:
To Date:	Address:	City,State, Zip Code:	Phone:
Beginning Salary:	Duties Performed:		Supervisor Name:
Ending Salary:	Reason for Leaving:		Supervisor Phone::
	Co-Worker Name:		Phone:
	Co-Worker Name:		Phone:
	Co-Worker Name:		Phone:

From Date:	Employer:	Job Title:	Part-Time/Full-Time:	
To Date:	Address: City,State, Zip Code:		Phone:	
Beginning Salary:	Duties Performed:	Supervisor Name:		
Ending Salary:	Reason for Leaving:	Reason for Leaving:		
	Co-Worker Name:		Phone:	
	Co-Worker Name:		Phone:	
	Co-Worker Name:		Phone:	
From Date:	Employer:	Job Title:	Part-Time/Full-Time:	
To Date:	Address:	City,State, Zip Code:	Phone:	
Beginning Salary:	Duties Performed:		Supervisor Name:	
Ending Salary:	Reason for Leaving:		Supervisor Phone::	
	Co-Worker Name:	Phone:		
	Co-Worker Name:		Phone:	
	Co-Worker Name:		Phone:	
From Date:	Employer:	Employer: Job Title:		
To Date:	Address:	City,State, Zip Code:	Phone:	
Beginning Salary:	Duties Performed:		Supervisor Name:	
Ending Salary:	Reason for Leaving:		Supervisor Phone::	
	Co-Worker Name:		Phone:	
	Co-Worker Name:		Phone:	
	Co-Worker Name:		Phone:	
From Date:	Employer:	Job Title:	Part-Time/Full-Time:	
To Date:	Address:	City,State, Zip Code:	Phone:	
Beginning Salary:	Duties Performed:		Supervisor Name:	
Ending Salary:	Reason for Leaving:		Supervisor Phone::	
	Co-Worker Name:		Phone:	
	Co-Worker Name:		Phone:	
	Co-Worker Name:	Co-Worker Name:		

outcome(s):				es) of employer(s), dat		
Have you ever resig	ned in lieu of be	ing terminate	ed: Yes No	_		
f yes provide detaile outcome(s):				es) of employer(s), date		
#11		M	IILITARY SERVICE			
Have you ever serve f yes complete the fo		Forces: Yes	No			
Active Duty Date(MM/DD/Year)	Branch of Service	Rank	Occupational Specialty	Discharge Date(MM/DD/Year)	Type of Discharge	Reason for Discharge
Are you a member of yes complete the for		rve Forces, I	National Guard or S	State Guard Organizati	on? Yes1	No
Reserve Date(MM/DD/Year)	Branch / Organization	Rank	Occupational Specialty	Discharge Date(MM/DD/Year)	Type of Discharge	Reason for Discharge
Reserve Obligations While in the Military, Reduced in rank? Ye Arrested for any offe	were you ever: es No nse? Yes I	No		Desk Court, Captain's I	Most Compon	/ Dunishment
	disciplinary action	on/Article 15	Non-Judicial Punis	hment? Yes No_		y i unisimient,
Applicant Initials_			Revised June 20			Page 14 of

Signature:	Date:
	AUTHORIZATION SIGNATURE
23456, to obtain and review any and all police record of convictions, military re release any holder of such information	heriff's Office, 2501 James Madison Blvd., Virginia Beach, Virginia information concerning my past employment, formal education, cords, background information and financial records. I further any and all claims or damages resulting from the same information n obtained by the Virginia Beach Sheriff's Office will be used for will be kept confidential.
Applicant's Signature:	Date:
Witness's Signature:	Date:
THE VIRGINIA BEACH SHERIFF'S OFFIC	E. ALL APPLICATIONS WILL BE DELD FOR ONE TEAR.
HOW DID YOU HEAR ABOUT OUR DEPA	
HOW DID YOU HEAR ABOUT OUR DEPA	ARTMENT?
Virginia Employment CommissionVBS0	ARTMENT?
Virginia Employment CommissionVBS0	ARTMENT?  D Website TAP
Virginia Employment CommissionVBS0 Advertisement in newspaper or magazine _ Current appointee (Name of appointee	ARTMENT?  D Website TAP  (Name of paper or magazine)
Virginia Employment CommissionVBS0	ARTMENT?  D Website TAP  (Name of paper or magazine)

Limit essay answers to this page only.		
Two-Part Essay Question: "Why do you want this job and how do you t	hink it will benefit y	ou?"
Signature		
	Doto	
Print Name	Date	Page 16 of 24

Revised June 2015

Page 16 of 24

Applicant Initials\_\_\_\_\_



# DISCLOSURE TO CONSUMER AND CONSUMER AUTHORIZATION FOR PROCUREMENT OF CREDIT REPORT FOR EMPLOYMENT PURPOSES

I, acknowledge that the Virgin to me that a credit report(s) may be obtained for employment/volunte procurement of a credit report(s) by the Virginia Beach Sheriff's Office	
My authorization is based on my understanding that if the Virginia Be for employment purposes, before taking any adverse action based Virginia Beach Sheriff's Office will provide to me a copy of the credit re Section 609(c) (3) of the Fair Credit Reporting Act.	in whole or in part on the report, the
	CONSUMER
	Print Name
	Signature
	Date
	SSN

Page 17 of 24



## AUTHORIZATION FOR RELEASE OF INFORMATION TO THE VIRGINIA BEACH SHERIFF'S OFFICE

Name		
Last Name, First Name, Mic	ddle Name	Date of Birth
Address		Telephone Number
City, State, Zip		Social Security Number
needs to thoroughly investigate my eorder to evaluate my qualifications to	employment background and personal ho hold and maintain the position for whic	a Beach Sheriff's Office. The Sheriff's Office istories to include the social media network in h I applied. It is in the public's interest that all sclosed to the Virginia Beach Sheriff's Office.
your files pertaining to my employment request of the bearer. I do hereby a myself, by and to any duly authorized or confidential nature. These reconstablishments, medical and psychopractitioners, veteran's administration. The intent of this authorization is to intent of this authorization is to provipurpose of pursuing a background in consider in determining my suitability.	ent and or criminal records and I hereby authorize a review of and full disclosure of agent of the Virginia Beach Sheriff's Off rds include but are not limited to educ ological consultations and or treatments on, and all military and psychiatric facilities of give my consent for full and complete of ide full and free access to background a nvestigation that may provide pertinent	earing this release to obtain any information in y direct you to release such information upon of all records, or any part thereof, concerning ice, whether said records are of public, private, ational institutions, credit bureaus and retail s, including those of hospitals, clinics, private, public utility companies, and other employers. disclosure. I reiterate and emphasize that the and history of my personal life, for the specific data for the Virginia Beach Sheriff's Office to it in the department. It is my specific intent to tamay appear to be.
background and reputation, my milita complaints or grievances filed by or representing me or another person i	ary service records, any information con against me, the records or recollections in any case, either criminal or civil, in wh ninations, and any internal affairs investig	may have concerning me, my work record, my tained in investigatory files, efficiency ratings, of attorneys at law, or other counsel, whether nich I presently have, or have had an interest, pations and discipline, including any files which
information requested, including any custodian of such records and your or collectively from any and all liability f	liability or damages pursuant to any stat rganization, including its officers, employ or damages of whatever kind, which ma	amages that may result from furnishing the te or federal laws. I hereby release you, as the ees, or related personnel, both individually and by at any time result to me, my heirs, family, or ase information, or an attempt to comply with it.
Applicant Initials	Revised June 2015	Page 18 of 24

The Virginia Beach Sheriff's Office Provides Equal Opportunity

I direct you to release such information upon request of the duly accredited representative of the Virginia Beach Sheriff's Office regardless of any agreement I may have made with you previously to the contrary. The Virginia Beach Sheriff's Office will discontinue processing my application if the information, pursuant to this release, is not disclosed upon their representative's request.

For and in consideration of the Virginia Beach Sheriff's Office acceptance and processing of my application for employment, I agree to hold the Virginia Beach Sheriff's Office, its agents and employees harmless from any and all claims and liability associated with my application for employment or in any way connected with the decision whether or not to employ me with the Virginia Beach Sheriff's Office. I understand that should information of a criminal nature surface as a result of this investigation, such information may be turned over to the proper authorities.

I understand my rights under Title 5, United States Code, Section 552a, the Privacy Act of 1974, with regard to access and to disclosure of records, and I waive those rights with the understanding that information furnished will be used by the Virginia Beach Sheriff's Office in conjunction with employment procedure. Additionally, I understand that the Virginia Freedom of Information Act and the Virginia Government Data Collection and Dissemination Practices Act provide me the right to request access to and disclosure of records related to my application for employment with the Virginia Beach Sheriff's Office. I hereby waive my right to request access to or disclosure of information obtained by the Virginia Beach Sheriff's Office during the background investigation portion of the application process, including information provided pursuant to this signed Authorization for Release of Information. Furthermore, I am aware that Virginia Code specifically allows the records of background investigations of applicants for law enforcement agency employment to be excluded from mandatory disclosure, and that it is the practice of the Virginia Beach Sheriff's Office not to release this information unless required by law.

A photocopy or FAX copy of this release form will be valid as an original thereof, even though the said photocopy or FAX copy does not contain an original writing of my signature.

This waiver is valid from the date of my signature until my eligibility for original or continued employment is discontinued. Should there be any questions as to the validity of this release, you may contact me at the address listed on this form. I agree to indemnify and hold harmless the person to whom this request is presented and their agents and employees, from and against all claims, damages, losses and expenses, including reasonable attorney's fees, arising out of or by reason of complying with this request.

Applicant Signature	Date: _	
STATE OF Virginia City/ County of		
	, 20, the above person, per whose name is subscribed to the within instrume erein stated and for the purpose therein contained	
Notary Public's Signature	Nota	ary Stamp/Seal
Registration Number		
My commission expires		
Rev 01-2016		Page 10 of 2/
Applicant Initials	Revised June 2015	Page 19 of 24

The Virginia Beach Sheriff's Office Provides Equal Opportunity



### City of Virginia Beach

### **Physical Demands**

The following is a listing of several physical demands required in order to perform the essential functions of the Sheriff's Deputy position. Please check YES or NO to indicate if you are able to perform these tasks with or without reasonable accommodation for a physical or mental impairment. A response of "NO" would be appropriate if you are unable to perform the task even after reasonable accommodation has been provided.

Drive a full size four (4) door sedan.	Yes:	No:
Quickly enter and exit above described sedan.	Yes:	No:
Change tire on the above sedan.	Yes:	No:
Participate in vigorous defensive tactics.	Yes:	No:
Be trained in firing and safe handling of shotgun and semi-automatic handgun.	Yes:	No:
Pursue arrest subject over and around obstacles.	Yes:	No:
Wrestle combatant subject to the ground.	Yes:	No:
Walk for long distances and periods of time.	Yes:	No:
Drive a vehicle safely at night.	Yes:	No:
Wear an SCBA (self-contained breathing apparatus) to include the face mask,	Yes:	No:
Gas Mask and N-95 Mask		
Must be able to be exposed to chemical agents used in law enforcement.	Yes:	No:
Law Fit Requirements (see next page)	Yes:	No:
Work rotating shifts	Yes:	No:

	ing a change in the way work is normally performed ntial functions of the job. An accommodation is "re e employer.	
Applicants Signature Revised 03/13	Date	_

Revised June 2015

Page 20 of 24

The Virginia Beach Sheriff's Office Provides Equal Opportunity

Applicant Initials\_\_\_\_\_

### Basic Academy Recruits Law Fit Requirement

The law fit program has six different tests to determine fitness for the recruit. The tests are weighted for both age and gender. The age categories are 20-29, 30-39, 40-49 and 50+. During the beginning of the academy the recruit will run through all categories of the law fit to include:

- 1.5 mile run depending on age and gender a good time for this run is between 12 and 15 minutes.
- Maximum bench press Required to work out with weights 2-3 times a week. At the
  end of the academy a good score would be bench pressing 80-100% of the
  recruits weight.
- Pull-ups or lat pull downs- Pull-ups are done from a hanging position. Recruits must touch their chin off the bar on their way up, then break the 90-degree angle with their elbow on the way down to a full hanging position. A good score would be between 8-10. Lat pull down Lat pull down exercise consist of putting weights on a pulley machine. Recruit takes a bar that is over their head and pulls down on the bar until the bar touches the shoulder area. A good score is between 30-35, men are required to pull down 100 lbs. and women are required to pull down 70 pounds.
- **Sit and Reach** Recruit will sit with their feet in a box, stretch with both arms over their head and go as far as they can reach past their toes. A good score would be between 30-35 centimeters.
- Sit-ups Required to complete 100 sit ups daily. Goal for end of academy is 40-45 in a timed minute.
- Agility course 15 yard sprint, then jump over a 3-foot ditch, another 20-yard sprint to a 5-foot wall that you must climb over. Once over the wall run 10 yards and then do a low crawl for ten feet. Run another 15 yards to a step, step up and down 12 times. Run another 10 yards to climb through a window. Once through the window, run another 10 yards and drag a 150 lb. dummy 10 yards. Once dummy drag is complete, run another 10 yards and simulate shooting a handgun in a six-inch opening. A good score for this event is between 1 minute and 1 minute 10 seconds.

\*Updated LawFit July 2016

Page 21 of 24
Applicant Initials Revised June 2015

### Virginia Beach Sheriff's Office Minimum Requirement for Deputy Sheriff and Full Time Civilian Appointees

All applicants must meet the following minimum requirements for appointment consideration:

### Sworn

- (A) Be a U. S. Citizen with a good employment, credit, and police record.
- (B) Be 21 years of age at the time of graduation from Basic Academy. (sworn position)
- (C) Produce a High School diploma or a General Education Development (GED) Certificate.
- (D) Produce a Social Security Card, an original Birth Certificate, and (if applicable) an original DD-214 with last three military evaluations.
- (E) Produce a valid Virginia or North Carolina driver's license at time of appointment
- (F) All applicants must complete the following:
  - Being fingerprinted
  - 2) A successful background investigation (including a DMV & credit check)
  - 3) Written test
  - 4) Oral panel interview
- (G) Upon being **offered** a position, applicants for a sworn position must:
  - 1) Submit to a polygraph examination
  - 2) Successfully pass a psychological evaluation
  - 3) Successfully pass a physical examination to include the mask tests
  - 4) Sign an employment contract

### Civilian

- (A) Be at least 18 years of age
- (B) Proof of authorization to work in the United States.
- (C) Produce a High School diploma or a General Education Development (GED) Certificate (when required)
- (D) Produce a Social Security Card, an original Birth Certificate, and (if applicable) an original DD-214 with last three military evaluations.
- (E) Produce a valid Virginia or North Carolina driver's license at time of appointment
- (F) All applicants must complete the following:
  - 1) Being fingerprinted
  - 2) A successful background investigation
  - 3) Written test
  - 4) Oral panel interview
- (G) Upon being **offered** a position, applicants for a civilian position must:
  - 1) Submit to a Polygraph examination
- (H) Applicants may be required to take a typing test

		Page 22 of
Applicant Initials	Revised June 2015	

24



### **Personal History Form**

Legal Nam	e:			Social Security#	:	
Other Nam	es:					
Place of Bir	rth:		State	_ Date of Birth	:/_ Month Day	Year
Address:	Street	Apt. #	City	State	Zip	
Phone#		Cell#		E-Mail_		
Military Ser						
	Branch		Date of entry	Date of	f discharge	
Height: Foo	otInches_	Weight	: E	ye Color:	_ Hair Cold	or
Sex:	<del> </del>					
						ntify with most. If you " beside "Two or More
Asian (not I	Hispanic or La	tino)				
	rican-Americaı	n				
White						
		an Indian				
Hispanic or Native Ha <sup>.</sup> Hispanic or	waiian or otl	ner Pacific Isl	`			
Two or mor						

Page 23 of 24

